



HUMAN CARE

Your Life. Your Way.



General purpose sling

NSB-103, NSB-104, NSB-105, NSB-109

User manual/Bruksanvisning/ Manuel de l'utilisateur/
Gebrauchsanweisung



Content

ENGLISH

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User Manual



Important!

You must read the user manual for your device prior to usage. Keep this booklet and information handy for future use.

Symbols



WARNING symbol indicates a potentially hazardous situation which, if not avoided, could result in serious injury to the user or damage to property and/or the device itself.



INFORMATION symbol indicates recommendations and information for proper, trouble-free usage.



WEIGHT CAPACITY symbol indicates maximum user weight for the product. Do not exceed this weight in any circumstance.



CE MARKING symbol indicates product meets requirements of EU Directive 93/42/EEC (MDD) and/or EU Regulation 2017/745 (MDR).



MEDICAL DEVICE symbol indicates that the product is a medical device according to the definition of medical device in EU Directive 93/42/EEC (MDD) and/or EU Regulation 2017/745 (MDR).



RECYCLE according to local regulations.



READ INSTRUCTIONS and ensure you fully understand them before using this product.



Product modification is not permitted.

Before use, always check that the product is not damaged or worn.

Human Care's products are continuously being developed and updated to provide our customers with the highest quality. We reserve the right to make design changes without prior notice.

Always make sure that you have the most recent version of the manual which is available for downloading from our website at www.humancaregroup.com.

Contact your local distributor if you have any questions about the product and its use.

Notice to user/patient in case of serious incident

Any serious incident that has occurred in relation to the product, should be reported to the local contact, who reports to the manufacturer, and the competent authority of the country in which the user/patient is established.

General Purpose sling

Compliances and Standards

Human Care is an ISO 13485:2016 certified Swedish medical device company. The Quality Management System is in compliance with US 21 CFR part 820.

The product is CE marked in accordance with EU

Directive 93/42/EEC (MDD) and/or EU Regulation 2017/745 (MDR), as class I medical device.

The CE mark is on the product.

This product has been tested in accordance with ISO 10535.

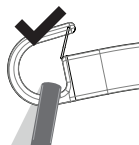
Safety Instructions



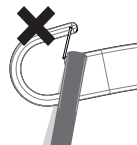
The process of lifting and moving a person always involves risks. Therefore, you must read the user manuals for the lift and the lifting equipment carefully. Always make sure that the lifting equipment you are using is intended for use with the lift. As a care provider, you are responsible for the client's safety and you must know whether the client will be able to cope with the lifting process. The sling must be fitted to meet the client's specific needs. If you are in any doubt, please contact the supplier.

- Carry out a careful visual inspection of the sling every time you use it.
- Check that the right sling is being used for the client. The model, size and material must meet the client's needs.

- Plan the moving and lifting process so that it is as safe as possible.
- Before raising the client, check that the sling is correctly attached to the lift/hanger bar once the lift straps are stretched.
- It is important that the hooks of the hanger bar are in the correct position, with the opening of the hook facing upwards on both sides to securely hold the straps in place. Recheck the position of the hooks once the lift straps are stretched.
- It is important to always check that the loops are at the bottom of all hooks (see pictures) and securely placed below the locking pin on all hooks.



Correct



Incorrect

- Check that the client is sitting securely in the sling before starting to lift him/her.
- Check that the lift is balanced when moving, raising and/or lowering the client. If you are using a Human Care lift with telescopic hanger bar, it is important that the bar hooks are in the same position on both sides.
- Our slings have been designed and tested for indoor use with one client at a time and must only be used for transferring a person. This product is not a swing.
- Make sure no sharp objects are in contact with the sling.

General Description

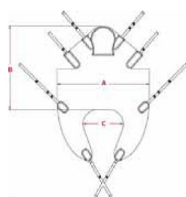
The General purpose sling is available in reusable and single patient use versions with loops and/or clips. This sling allows for easy seated

transfer and has built in flexibility to achieve proper leg and body positioning for patients with some upper body control.

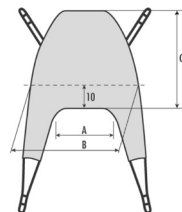
Technical Specifications



It is crucial to use the right size of sling for the client. To help differentiate our sizes, they are colour coded for quick identification. The colour code is found next to the sling's label in the shape of a loop. This loop can also be used to properly store or hang the sling.



The illustration shows the NSB-103 and NSB-105



The illustration shows the NSB-104C and NSB-103C

Technical specifications								
Item	Part no.	Material	Number of straps	Size	A (mm/ inch)	B (mm/ inch)	C (mm/ inch)	Weight capacity
General purpose sling single patient use	NSB-105-S	Non-woven polypropylene	4 straps	S	775 mm / 31"	838 mm / 33"	304 mm / 12"	318 kg/ 700 lbs
General purpose sling single patient use	NSB-105-M	Non-woven polypropylene	4 straps	M	972 mm / 38"	883 mm / 35"	425 mm / 17"	318 kg/ 700 lbs
General purpose sling single patient use	NSB-105-L	Non-woven polypropylene	4 straps	L	1143 mm / 45"	1029 mm / 41"	533 mm / 21"	318 kg/ 700 lbs
General purpose sling single patient use	NSB-105-XL	Non-woven polypropylene	4 straps	XL	1334 mm / 53"	1143 mm / 45"	679 mm / 27"	318 kg/ 700 lbs
General purpose sling reusable	NSB-103-S*	Polyester net	8 straps	S	775 mm / 31"	838 mm / 33"	304 mm / 12"	318 kg/ 700 lbs
General purpose sling reusable	NSB-103-M*	Polyester net	8 straps	M	972 mm / 38"	883 mm / 35"	425 mm / 17"	318 kg/ 700 lbs
General purpose sling reusable	NSB-103-L*	Polyester net	8 straps	L	1143 mm / 45"	1029 mm / 41"	533 mm / 21"	318 kg/ 700 lbs
General purpose sling reusable	NSB-103-XL*	Polyester net	8 straps	XL	1334 mm / 53"	1143 mm / 45"	679 mm / 27"	318 kg/ 700 lbs
General purpose sling reusable bariatric	NSB-109-2XPH*	Polyester net	8 straps	Bariatric	775 mm / 31"	838 mm / 33"	304 mm / 12"	454 kg/ 1000 lbs
General purpose sling single patient use with clips	NSB-104C-S	Non-woven polypropylene	4 straps	S	775 mm / 31"	838 mm / 33"	304 mm / 12"	318 kg/ 700 lbs
General purpose sling single patient use with clips	NSB-104C-M	Non-woven polypropylene	4 straps	M	972 mm / 38"	883 mm / 35"	425 mm / 17"	318 kg/ 700 lbs
General purpose sling single patient use with clips	NSB-104C-L	Non-woven polypropylene	4 straps	L	1143 mm / 45"	1029 mm / 41"	533 mm / 21"	318 kg/ 700 lbs
General purpose sling single patient use with clips	NSB-104C-XL	Non-woven polypropylene	4 straps	XL	1334 mm / 53"	1143 mm / 45"	679 mm / 27"	318 kg/ 700 lbs

General Purpose sling


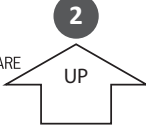

General purpose sling reusable with clips	NSB-103C-S	Polyester	4 straps	S	775 mm / 31"	838 mm / 33"	304 mm / 12"	318 kg/ 700 lbs
General purpose sling reusable with clips	NSB-103C-M	Polyester	4 straps	M	972 mm / 38"	883 mm / 35"	425 mm / 17"	318 kg/ 700 lbs
General purpose sling reusable with clips	NSB-103C-L	Polyester	4 straps	L	1143 mm / 45"	1029 mm / 41"	533 mm / 21"	318 kg/ 700 lbs
General purpose sling reusable with clips	NSB-103C-XL	Polyester	4 straps	XL	1334 mm / 53"	1143 mm / 45"	679 mm / 27"	318 kg/ 700 lbs

* Only distributed in USA



Product Label

The label on the sling contains the following information:

- Human Care company logo
- This way up arrow and marking the centre line of the sling
- CE and MD marking
- Product name and size
- Picture showing the sling in use
- Part number
- Safe Working Load
- "This way out, back" – outside of the sling, not in touch with the client
- Manufacturer
- QR-code to our webpage
- Latex free
- Read the manual before use
- Visual inspection
- Date and country of production
- Batch number
- Serial number
- Washing instructions
 - Machine Wash Temperature
 - Do Not Bleach
 - Tumble Dry, Low Heat
 - Do Not Dry Clean
 - Never Iron
 - Do Not Use Fabric Softener
- Owner name. (For example, write the client's name or another unique identifier)
- Indicate annual inspection
- Unique Product Code
- Barcode/EAN

General Purpose Sling, Medium

REF NSB-103-M

SWL < 318kg / < 700lbs

This way out, back


Human Care HC AB
Årstaängsvägen 21B
117 43 Stockholm
Sweden
<http://www.humancaregroup.com>

Latex free

Visual inspection

2021-02-25
Made in Latvia

LOT 329540

SN 


329540060004

75°C / 167°F


#

Due date next periodic inspection (every 6 months), mark:

2020	1	2	3	4	5	6	7	8	9	10	11	12
2021	1	2	3	4	5	6	7	8	9	10	11	12
2022	1	2	3	4	5	6	7	8	9	10	11	12
2023	1	2	3	4	5	6	7	8	9	10	11	12

UPC 

8 1608 80107 3

EAN 

831598 440094

General Purpose sling

Suspension Alternatives

Our slings are designed with the premise that all people are different with varying lifting requirements, needs or desires.

To make all our clients feel as comfortable as possible in our slings, most of them can be used with 2 or 3-point suspensions. Some slings can also be used with a 4-point suspension. Below the options are displayed.

2-point suspension

Suitable for most lifting situations providing a good seating position. 2-point suspension is available with floor lifts, fixed and portable ceiling lifts.

Two-point suspension with crossed leg support:

Thread the strap on one leg section through the strap on the other leg section before attaching them to the hanger bar.

3-point suspension

Offers an elongated sitting position and more even weight distribution. The 3-point suspension is suitable especially for clients carrying an increased risk of pressure sores or who need additional space for the upper body.

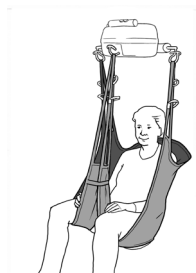
Thread the left leg section through the loop on the right leg section. Attach the leg section lifting straps to the leg hooks and the back section lifting straps to the lift.

4-point suspension

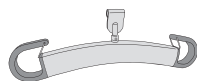
A spacious sitting position making it suitable for larger clients or when using a stretcher. 4-point suspension is available with both fixed and portable ceiling lifts or floor lifts.



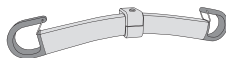
An individual assessment of the client's needs must always be carried out before choosing an alternative connection method.



Hanger Bars for Human Care Lifts



HeliQ
(7275x)



Roomer S / Altair
(55751 45 cm, 17,7" / 55764 55 cm, 21,7")



HeliQ
92938

Accessory	Description	Part no.
2-point hanger bar	For stationary lift HeliQ. 3 widths:	35 cm/13,8": 72754 45 cm/17,7": 72755 60 cm/23,6": 72757
2-point hanger bar	For portable lifts Roomer S / Altair, 2 widths:	45 cm/17,7": 55751 55 cm/21,7": 55764
4-point hanger bar	For stationary lift HeliQ	92938
4-point suspension	4-point suspension accessory (49 cm). Enables 4-point lifting with the Altair and Roomer S lifts. The suspension bar is placed on the lift's single leg hook.	55619

Compatibility

Human Care Group slings are designed for use with all Human Care lifts and hanger bars. The products are also compatible with products of other suppliers utilizing the same attachment method for securing slings to a hanger bar and lift. However, due to the wide range of products worldwide, Human Care cannot be responsible for any errors that may result from improper use or application of combinations of slings, hanger bars and lifts of other suppliers. The use of the combined system is at the prescriber's own risk and liability.

To ensure the safety of the client and caregiver, Human Care recommends the following minimum requirements:

- When using slings with lifts and hanger bars, made by manufacturers other than Human Care, the combined system needs to be designed with the same sling attachment method for the hanger bar of floor lifts and ceiling lifts, meaning loop style slings are combined with a loop style hanger bar, clip style slings are combined with a clip style hanger bar.
- The involved patient lifts and sling must be CE marked in accordance with the medical device directive, MDD 93/42/

EEG / upcoming MDR 2017/75 and comply with standard requirements for patient lifts as stated in EN ISO 10535.

- The caregiver must follow the manufacturer's instruction manuals and recommendations with respect to the use, care, client, caregiver, cleaning, and inspection of the slings and lifts.
- Different products on the assembled lift system: i.e., lift, hanger bar, sling, scale and other accessories may have different max. loads. It is always the lowest maximum allowable load indicated for the respective products and the system that applies for the entire system. Always check the markings on all individual products in the system.
- Individual risk assessment, including a practical test of the system and validation with the specific combination used are required to affirm that the size of the sling is correct for the intended use and compatible to the width and design of the hanger bar. The combined system needs to be documented by the competent assessor.

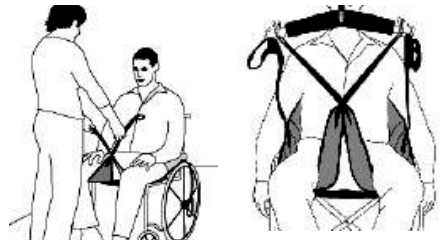
If there are any questions, please contact your local Human Care office or distributor.

General Purpose sling

Sling Application

Applying the sling from a seated position (NSB-103 used as reference)

1. Stand behind or to the side of the patient and hold the sling with label facing up and away. Work the sling down the back, the bottom edge should be placed behind the patient's coccyx.
2. Pull the leg sections through to the front. Raise each leg and pull the leg sections under patient's legs.
3. Lower the hanger bar and securely attach straps (please see page 2). There are different ways to attach the loops to a hanger bar and to position the legs. This sling can be used both with 2-, 3- or 4-point hanger bars. The image above shows attachment to a 4-point hanger bar with legs in a divided position. Please see chapter "positioning the legs" to the right for the different options when using a 4-point hanger bar. For attachment of this sling to a 2-point or a 4-point hanger bar, please see chapter "attaching sling to hanger bars" to the right.
4. Continue lifting the patient. It is a good idea to put your arm around the patient while you are moving him/her to create a greater sense of security.



Applying the sling from a lying position (NSB-103 used as reference)

1. Stand to side and turn the patient to face you. Place gathered sling behind back with label facing up and away.
2. Turn the patient on back and pull gathered sling towards you.



3. Bring the leg sections underneath the thighs to achieve the desired positioning of the legs.



4. Lower the hanger bar and securely attach straps (see page 2) with appropriate loop.



For sling with clips: Attach the leg section lifting clips to the lifting frame. Turn the lift around and attach the back section lifting clips to the lift frame.



Positioning the body

To achieve the upright position, use the short loops of the head and shoulders and the long loops of leg straps.



To achieve the reclined position, use the middle or long loops of the head and shoulders straps and the middle or short loops of leg straps.



General Purpose sling

Positioning the legs (4-point hanger bar)

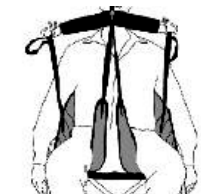
To achieve the open position, bring the leg sections up between the thighs and attach the leg straps to the hanger bar.



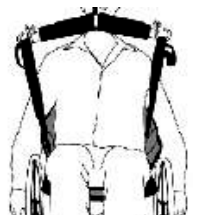
To achieve the divided position, bring the leg sections up between the thighs, thread one leg strap through the bottom opening of other (left) and attach the leg straps to the hanger bar cross over style.



For a more relaxed position, attached to the center hook of the hanger bar.



To achieve the closed position, pull one leg band than the other underneath both thighs and attach to the hanger bar.



Attaching the General purpose sling to hanger bars

2-point hanger bar	3-point hanger bar	4-point hanger bar
<p><i>Sling with 8 straps:</i></p> <p>Starting from head, the 3 top straps on the left attached on left side, repeat on the right side. The 2 leg straps should be attached to the hook on each side.</p>	<p><i>Sling with 8 straps:</i></p> <p>Starting from head, the 3 top straps on the left - attach on left side, repeat on right side, the 2 leg straps (right and left) - attach to the leg hook.</p>	<p><i>Sling with 8 straps:</i></p> <p>Each hook should have 2 straps attached. The bottom 2 leg straps can be crossed for increased comfort.</p>
<p><i>Sling with 4 straps:</i></p> <p>Starting from head, the 1 top strap on the left attach on left side, repeat on right side(1), The 2 leg straps should be attached to the hook on each side.</p>	<p><i>Sling with 4 straps:</i></p> <p>Starting from head, the 1 top strap on the left - attach on left side, repeat on right side(1). The 2 leg straps (right and left) attach to leg hook.</p>	<p><i>Sling with 4 straps:</i></p> <p>Each hook should have 1 straps attached. The bottom 2 leg straps can be crossed for increased comfort.</p>

Care Instructions

Check for wear and tear

Check the sling for wear and tear. It is important to check the fabric, the edging, the seams and the lifting straps.

Damaged lifting equipment must not be used.

Cleaning

Human Care slings are intended for individual use. To avoid infections or transmission of bacteria, it is important to clean the slings properly. All slings should be machine washed and dried as soon as possible. Slings should always be cleaned after use in a wet situation.

Single Patient Use (SPU) slings can not be washed, they should be discarded.



Always refer to the label of the sling before washing.

Periodic inspection

A periodic inspection must be carried out at least every 6 months. See Human Care's periodic inspection log which can be found on our website at www.humancaregroup.com

Product lifetime

The product's expected lifetime 3 years or 150-180 times washing, if the product is used as intended and maintained according to the manufacturer's instructions, depending on the intensity of use and maximum load applied during use. If the product label is no longer legible, the product should be discarded.

Warranty and support













If you need information or support, please contact your Human Care office, www.humancaregroup.com, or distributor.

Recycling

Once the product has reached the end of its life, it should be disposed according to your country's rules, especially for the separate collection of electrical and electronic products.




Correct disposal helps prevent negative consequences for the environment and human health.

General Purpose sling

Overview of Sling Material Care		Polyester	Polyester Net	Trevira	Polyester/Polyester Net	Non-woven polypropylene	Ventilated Polyester	Cotton	Polyester Tricot	Coated Nylon
	Machine Wash Maximum Temperature 60°C (140°F) (slings with padding)	●	●							●
	Machine Wash Maximum Temperature 75°C (167°F)	●	●	●	●		●		●	
	Tumble Dry Low, Maximum Temperature 30°C- 54°C (86°F- 130°F)									●
	Tumble Dry Low, Maximum Temperature 60°C (140°F)	●	●	●	●		●		●	
	Do Not Tumble Dry					●		●		
	Do Not Iron	●	●	●	●	●	●	●	●	●
	Do Not Dry Clean	●	●	●	●	●	●	●	●	●
	Do Not Bleach	●	●	●	●	●	●	●	●	●
	Do Not Use Fabric Softener	●	●	●	●	●	●	●	●	●
	Do Not Wash					●		●		
	Dispose of After Use					●		●		
	Disinfection Permitted (see list of approved disinfectants)	●	●		●		●		●	

Disinfection Procedure

Human Care slings are intended to be used with one patient at a time. To avoid possible transmission of infectious diseases, it is important to clean the sling if it has become soiled or if it is to be used by a different patient.

Approved Disinfectants	Solutions to Avoid
Chemical Disinfection: 70% Ethanol, 45% isopropanol or similar	 Steam sterilization
Thermal Disinfection: Wash 65°C (149°F) for a minimum of 10 minutes ¹	 Iodine based disinfectants
Thermal Disinfection: Wash 71°C (160°F) for a minimum of 3 minutes ¹	 Gas sterilization
Note: Add 8 minutes to both thermal disinfection options to ensure heat has penetrated the fabric. Finish with a rinse cycle. ¹	

¹ Ref: HSG (95) 18: Hospital Laundry Arrangements for Used and Infected Linen, Department of Health, NHS (National Health Service, England)

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